

## 7 Kingdoms Isle of Man Orienteering Championships 2018

Saturday 15th September was the annual Isle of Man Orienteering Championship, organised by the Isle of Man Orienteering Klubb (IoMOK), and supported by Mylchreests Group, Isle of Man Steam Packet Company, with refreshment by Green Mann Spring water.



### Championship Course -

John Kewley 67:50

Rob Burridge 70:38

Matthew Garratt 94:04



### Intermediate Course - medalists

Andy Watson 79:51

Sam Jones 84:32

Cameron Crabtree 141:34



### **Novice Course - medalists**

#### **Novice Course**

Rona Tastagh 71:15

Diane Garratt 81:50

Fiona Quayle 97:30

The IoMOK organise 3 Orienteering events per year in the Isle of man, open to absolute beginners, right through to seasoned competitors : )

### **Easter Monday - September Championship - Boxing Day**

Additionally the club run informal training sessions for those want some advice and tuition.

In all cases contact through the IOMOK FB Page.

*Look forward to seeing you Boxing Day : )*

***Isle of Man Orienteering***