



Isle of Man Orienteering Klubb

1 Hour Free Order Orienteering Challenge.

We have created a number of navigational challenges in different locations that are suitable for experienced orienteers and for novices wishing to try out the sport.

These are personal challenges, but if you would like to make this a bit more competitive you can follow the guidance below and post your results to compare with others.

What you need to do -

Select your chosen location, print the map and description sheet / scorecard to record your answers on.

Guidance:

You have 1 hour to navigate to as many of the control points marked on your orienteering map and to decide on the best route to record as many markers as you can.

Write the code found on the bottom right-hand corner of the white and red permanent orienteering marker post on your description sheet / scorecard.

Start and finish is from the car park marked on your map.

Record your **start time** on your description sheet / scorecard as soon as you start from the car park.

Record your **finish time** on your description sheet / scorecard as soon as you return to the car park.

Work out how long it has taken you and record the **time taken** on your description sheet / scorecard.

Check your answers and note how many markers are correct.

Equipment:

Suitable footwear and clothing must be worn for weather and underfoot conditions

A compass is optional if planning to navigate cross country rather than using paths / tracks.

Safety:

Remember to inform other people where you are going if undertaking this as a solo activity.

Participants undertaking this activity accept that Orienteering is an adventurous activity and do so at their own risk.

Remember these locations can be busy with different users. Please share the forest, park responsibly and take all rubbish home.

Categories:**Individuals**

Junior - *Under 16yrs*

Female

Male

Groups

Junior group - *Under 16yrs*

Family group (*Adults & Children*)

Adult group

Posting your results & photos:

Post results / photos on the Isle of Man Orienteering Klubb facebook page to compare results and markers collected.

You can indicate your name, date undertaken, category, time taken and number of correct markers collected.